SHOOTING AUSTRALIA
COVID SAFE RECOMMENDATIONS AND GUIDELINES
2021 DOMESTIC COMPETITION AND TRAVEL

The 2021 domestic event calendar is now available. Shooting Australia appreciates the efforts of our Event Partners in securing these competitions as part of the endorsed event program. These events will be held across a number of states and hosted by State Associations, National Associations and Clubs.

Shooting Australia will work closely with Event Partners and hosts throughout the year to ensure all events are delivered in a Covid-Safe manner.

Covid-Safe Plans

Event Partner Responsibility

It is the expectation that each Event Partner has developed and implemented their own Covid-Safe Plan for the event they are hosting. State and/or Local Council Area guidelines at the time the Event is held must be captured within the Event Partners Covid-Safe Plan.

Shooting Australia Responsibility

Shooting Australia will work closely with the Event Partners to ensure a Covid-Safe Plan is available. Event specific Covid-Safe Plans will be referenced within regular event communication provided to the Shooting Community. Covid-19 education and reference material will also be provided where available and accessible.

Shooting Australia will ensure sufficient availability of personal hygiene products at each of the events including hand sanitiser and facemasks.

Event Attendee Responsibility

Athletes, Officials, Family, Spectators and Shooting Australia Staff must familiarise themselves with event Covid-Safe Plans as well as all other event information when travelling to any of the domestic competitions. Each athlete, their support personnel and all those assisting with the delivery of the events must take the time to read, understand and comply with the procedures that are to be implemented at the event.

In addition to the event specific Covid-Safe Plans, event attendees must familiarise themselves with State specific restrictions, guidelines, and recommendations of not only the State you reside in, but the state you are travelling to.

State Specific Covid-19 Guidelines

Victoria: https://www.dhhs.vic.gov.au/coronavirus

New South Wales: https://www.nsw.gov.au/covid-19

Queensland: https://www.covid19.qld.gov.au/

South Australia: https://www.covid-19.sa.gov.au/

Western Australia: https://www.wa.gov.au/government/covid-19-coronavirus

Continually Changing Environment

We have all experienced how quickly things can change in these Covid-times and how one infection can quickly become multiple. We also know that restrictions can be enforced or relaxed overnight and sometimes with short notice. The best way to keep ourselves and the communities we move within safe, is to take very seriously our own personal responsibility for some very simple, common-sense, and widely promoted Covid-Safe measures.

What we know about COVID-19

Human coronaviruses are spread from someone infected with COVID-19, to other people in close contact. Some examples of transmission include:
- through contaminated droplets spread by coughing or sneezing, or
- by contact with contaminated hands, surfaces, or objects.

Covid-Safe Measures

These measures outlined below are simple ways in which each of us can contribute to the health and safety of not only ourselves, but those around us.

1. **Do not attend an event if you are unwell**

   If you are unwell and showing any common Covid-19 symptoms, please do not attend an event. It is recommended you get a Covid-19 test and following the medical guidelines you receive post test results.

   Most Common Symptoms
   - fever (37.5 degrees or higher)
   - cough
   - sore/scratchy throat
   - shortness of breath
   - runny nose
   - loss of smell
   - loss of taste

2. **Do not attend an event if you are required to self-isolate**

   Do not attend an event if you are required to self-isolate due to being unwell, have been in contact with someone who has recently returned from overseas or a Covid-19 hotspot, or you have had possible exposure to Covid-19.

3. **Be vigilant with personal hygiene**

   It is recommended that you pack, travel, and carry the following items:
   - hand sanitiser
   - antiseptic wipes

- facemasks (either washable or disposable)
- zip lock bags to place facemasks in post use

4. Register your attendance at the event each day

For contact tracing purposes, please ensure that you adhere to the sign in process at each event as outlined by the event host. This may require you to register your attendance by scanning a QR-Code, signing a contract tracing register or similar.

5. Be vigilant when travelling

Car travel

- Where possible/practical use own transport with family bubble to events.
- At petrol re-fuels, use a disinfectant wipe on handles or buttons before you touch them. After fuelling, use hand sanitiser. At your destination, use soap and water to wash your hands for at least 20 seconds.
- Take own food /refreshments to avoid shops/cafes en route
- If do you choose to pick up a meal on the road, either opt for restaurants that offer drive-through or if entering ensure you physical distance.

Domestic Air Travel

- Airports can be difficult places to physical distance. Crowded terminals, spending time in queues, and in-flight seating arrangements can all bring you in close contact with other people. This is a good time to wear a mask.
- Handle your own boarding pass – paper or on phone
- Handle only your own on-board luggage
- Once seated, take time to wipe down surfaces e.g., tray table
- Consider travelling with your own snacks and drink

6. Physical distance

At all times ensure that you physical distance at least 1.5m. In the event you feel uncomfortable with your surroundings and find it difficult to physical distance, this is a good setting to ensure you wear a facemask and engage in regular personal hygiene practices including hand sanitising.

7. Familiarise yourself with Covid-Safe Plans

Ensure you are familiar with the Covid-Safe plan for each event venue and competition and always adhere to the guidelines. If you are at all unsure, please approach a Shooting Australia Staff Member for assistance.

Shooting Australia's Expectation for Event Attendance

For the ongoing health and safety of everyone involved, all individuals who attend an event will be expected to:

a) Ensure you are not required to self-isolate or quarantine due to recent travel history
b) Have not had close contact with someone who is diagnosed with or suspected of having Covid-19 in the past 14 days
c) Have no reason to believe that you have or may have Covid-19
d) Acknowledge that at all times you will practice good hygiene in accordance with the Australian Government Department of Health recommendations to mitigate the spread of Covid-19
e) Will advise Shooting Australia if you become ill with Covid-19 related symptoms, are tested, or diagnosed with Covid-19 or become aware of the need to self-isolate within 14 days from attending an event

Further Information and Enquiries

Shooting Australia Event Coordinator Jane Vella at: jane@shootingaustralia.org

For information on the coronavirus disease (COVID-19), call the Australian Government's National Coronavirus Helpline on 1800 020 080.